



Bristol Health & Wellbeing Board

Bristol Children and Young People's Emotional Health Transformation Refresh - 2017

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Report for Information/Discussion	

1. Purpose of this Paper

This is the second draft refresh of the original Children and Young People's Emotional Transformation Plan. We are seeking engagement with the Health and Wellbeing Board regarding the transformation of our Bristol CAMHS and services for children with emotional health needs, with due regard to national and local priorities.

Health and Wellbeing Board agreed to delegate sign off of the original plan to NHS Bristol CCG Clinical chair, so process of sign off in October is to be agreed.

2. Executive Summary

The Emotional Transformation Plan includes information relating to achievements over the last year and plans for 2017/18. This includes Eating Disorders services, Crisis outreach services and workforce development plans.

3. Context

In summer 2015, the Departments of Health and Education published a joint five year strategy 'Future in Mind'¹ to transform services for children and young people's emotional health and wellbeing.

The vision for 2015 to 2020 is to ensure that every child, everywhere, receives the right support, as early as possible. It's much broader than just Children and Adolescent Mental Health Services (CAMHS) and includes working with

¹ Future in Mind, 2015

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

schools, the local authority, universal and primary services such as GPs and school nurses, as well as the voluntary and community sector.

In July 2016, NHS England published 'Implementing of the Five Year Forward View for Mental Health'². This guidance identified new areas for us to focus on and this has again been included in our plans for 2017/18. This plan does not include our work on perinatal mental health, as that is covered elsewhere

4. Main body of the report

The key headlines of the plan are:

- Priority across BNSSG to improve access and waiting times for children and young people who need evidence based interventions for diagnosable mental health conditions, providing parity of esteem with physical services.
- Building resilience through the delivery of training to non-specialist workforces to improve capacity and capability to support children and young people in community settings
- Services are part of the children and young people's Improving Access to Psychological Therapies Collaborative, but this needs to be developed in both specialist and wider children and young people's workforce
- Work towards a sustainable 24/7 urgent and emergency mental health service
- Provide community eating disorder services, compliant with access targets and independently accredited
- Improve access to and quality of perinatal and infant mental health care
- Deliver improved access to mental health support to children and young people at risk of or in the early stages of criminal justice involvement
- Ensure data quality and transparency - increase digital maturity to support interoperability of healthcare records

5. Key risks and Opportunities

The additional transformation funding comes from NHS England to NHS Bristol CCG however it is not ring-fenced and health is subject to a system

² Implementing the Five Year Forward View for Mental Health
<https://www.england.nhs.uk/mentalhealth/taskforce/>

financial recovery process that may result in the expected allocation this year and in the future not being available.

Due to pressures on local authority funding there may be future reductions to allocations of funding to children and young people's mental health services.

6. Implications (Financial and Legal if appropriate)

See above for future risks.

7. Evidence informing this report.

The plan was informed by an original needs assessment that is currently being revised.

Children, young people were engaged in the development of the original plan and have been involved in the development of various service improvements and initiatives.

The nationally defined model of eating disorder services is evidence based.

The Partnership Outreach Service for children who present at the emergency department with mental health needs is currently being evaluated.

8. Conclusions

The plan includes the nationally required components such as

- previous year's spend and this year's budget.
- Progress in developing Eating disorder and Crisis outreach home treatment services.
- Workforce data

9. Recommendations

Health and Wellbeing Board to

- feedback on draft 2017 Emotional Transformation Plan refresh.
- agree mechanism of sign off.

10. Appendices

Draft Children and Young People Emotional Transformation Plan Refresh v.6.